



CHIRON'S WAY

She Walks With Horses

Empowering Women Through the Wisdom of the Horse

When I was six, I was a horse ... writes Mary D. Midkiff. Inside many of us lives that young girl who dreamed of horses and perhaps believed she was one. There is a mysticism attributed to the connection between women and horses. Books have been written about it, dreams inspired by it, and in today's world of hectic schedules and disconnect, horses are calling us back to the herd, where we reconnect with joy and grace, in partnership with the horse.

She Walks With Horses is designed to support and nurture the strengths and wisdom that each of us possess, building on the belief that true connection and balance emerge from a clearer understanding of self in relation to other. During our three days together, we will engage the wisdom of horses through uniquely created activities, allowing us to:

- Explore effective communication
- Establish and maintain healthy boundaries
- Practice the art of self-responsibility
- Discover the wisdom of emotions
- Experience the joys of belonging to an authentic community and become familiar with the skills required to create them

What Horses Offer Us...?

Horses instinctively reflect authentic communication, clear boundaries, social courtesy, confidence and intent. The highly attuned sensitivities of this prey animal call upon us to un-complicate our approach, trust our instincts and balance reason with intelligent emotion. They invite us to walk in our power.

Sandra Wallin, M.A. is the founder of Chiron's Way, an organization dedicated to personal and professional development, specializing in the transformative process of equine experiential learning. Sandra is a registered clinical counselor, an educator and a Certified Epona Practitioner. Her clients range from middle school students to Microsoft executives and she has taught workshops and seminars across North America. Most recently Sandra has been invited to present on the healing power of horses at the Body Heals Conference, a conference whose audience will be physicians who practice integrated medicine, and whose list of presenters Sandra is honoured to be among.

Co- facilitating will be **Leslie Ross M.Ed.**, a psychotherapist in private practice from Vancouver, BC. Leslie is also the co-founder of Windhorse Awareness Program, an equine facilitated personal development program on Salt Spring Island, BC. Leslie interweaves therapeutic, shamanic and equine facilitated psychotherapy skills to encourage individuals to gain awareness and consciousness, inviting a deeper connection with self and others.

This gathering will be limited to 10 participants.

Date: October 20-21, 2007

Location: Maple Ridge, BC

Tuition: \$350.00

To register please contact:
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