



CHIRON'S WAY

## EPONA APPROACH

This introductory Epona workshop will focus on the strengths that each of us possess, acknowledging our authentic self as an integral guide in our personal development, a guide that brings awareness to our internal resources such as hope, courage, intuition and joy.

Sandra will also draw our attention to the false self messages that inhibit our personal growth, and share with us how to access the valuable information contained within all of our emotions.

Joining us in this learning will be our horse partners who will share with us their innate wisdom, illuminating the gifts that shine within us all.

This two-day gathering is based on the pioneering work of Kathleen Barry Ingram and Linda Kohanov, a leader in the field of equine experiential learning and the author of *The Tao of Equus* and *Riding Between the Worlds*. Through uniquely designed ground exercises with the horses, demonstrations, discussions and lecture components, this workshop will provide an opportunity for you to:

Broaden your understanding of the innate wisdom found within emotions

Distinguish between your boundaries and those of others (human and horse)

Acknowledge and move beyond your limiting beliefs

Create genuine, mutually supportive inter-species relationships

Examine the foundations of authentic community

**Date:**

May 4-5, 2007 FULL

**Location:**

Maple Ridge, BC

**Fee:**

\$525 + gst or \$495 +gst  
if payment is received one month in advance.  
Lunch, snacks, and all materials

To learn more about EPONA APPROACH

**Contact:**

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